

11th annual conference



PRIDEWORKS
for **LGBT** Youth

Keynote presentation:

***“Building a Full Equality
Agenda for All New Yorkers”***

by Alan Van Capelle

Executive Director of Empire State Pride Agenda

Tuesday,
November 17, 2009
8:00 am to 3:00 pm
Westchester County Center
White Plains, NY

PRIDEWORKS

for LGBT Youth

*PrideWorks is a conference for lesbian, gay, bisexual or transgender youth and their allies. PrideWorks' mission is to **inform** our communities about the realities of growing up gay, lesbian, bisexual or transgender, and to **inspire** them to respect and support LGBT people and to **advocate** for positive change.*

Conference Sponsors and Endorsers

This Year's Generous Sponsors:

- ▼ Assemblyman Adam Bradley
- ▼ IBM
- ▼ Norman E. Friedman
- ▼ Pepsi Bottling Group Foundation
- ▼ Temple Beth El of Northern Westchester
- ▼ The Guidance Center
- ▼ The LOFT: The LGBT Community Services Center
- ▼ Westchester County Department of Community Mental Health
- ▼ Westchester County Department of Social Services
- ▼ Westchester County Youth Bureau

Endorsed By:

- ▼ National Association of Social Workers, Westchester Division
- ▼ New York Association of School Psychologists
- ▼ New York State School Social Worker's Association
- ▼ Putnam-Northern Westchester Guidance Center
- ▼ School Social Workers Association of America
- ▼ The Hudson River Teacher Center
- ▼ Westchester-Putnam School Boards Association

Keynote: “Building a Full Equality Agenda for All New Yorkers”

The Empire State Pride Agenda’s Executive Director, Alan Van Capelle, will address New York’s LGBT legislative agenda and his impact on that agenda. He will also share with us how he got from Commack, Long Island, to leading this most powerful NY State LGBT organization. A Q&A will follow his address.



Alan Van Capelle has initiated new programs aimed at winning full equality and justice for LGBT New Yorkers and their families.

Emphasizing grassroots organizing both inside and outside the LGBT community, these programs build upon the Pride Agenda’s traditional power in the legislative area and strengthen the organization’s ability to mobilize people across the state in support of its public policy objectives. Prior to joining the Pride Agenda, Alan worked for the Service Employees International Union (SEIU), attaining the position of Deputy Political Director. He received a Bachelor of Science in Public Policy from Queens College of the CUNY in 1997.

Conference Schedule: Tuesday, November 17, 2009

8:00 am	Registration & Breakfast
8:30	Opening & Welcome
9:15–10:15	Keynote
10:30–11:30	Session 1 Educational Workshops
11:40	Lunch
12:30–1:30 pm	Session 2 Educational Workshops
1:40–2:40	Session 3 Educational Workshops
2:45–3:00	Complete Evaluation

Educational Workshops and Discussion Groups

Please indicate your first **and** second choice workshop sessions on page 9. Workshop space is limited, so please register early!

Session 1: 10:30–11:30 am

1T ▼ Four Decades of Coming Out Stories

Coming Out has always been an intimate process of engagement in society. Panel members ranging in age from adolescents to seniors will share their experience and reflect on what has changed and what challenges remain in today's world.

(Repeated in 3T)

Presenters: Peggy Borgstede, Steven Welch, Michael Tuner, Brentin Brown, Heather Dickson & Austin Saiz.

1A ▼ Counseling LGBTQ Youth

This workshop **for adults only** will answer questions such as: Should I initiate a conversation about sexual orientation or gender identity? How can I create a safe environment for discussion? What resources are available in the community? These topics and other questions will be addressed.

Presenter: Jason Kane.

1B ▼ LGBT 101

This introductory session is designed to help people enhance their knowledge and correct any misconceptions that might exist by presenting an overview of LGBT people. Once you are prepared with the facts, you can speak out with confidence!

(Repeated in 3B)

Presenter: Nic Calabro.

1C ▼ Latino Families Discover the Rainbow

Latino youth and their parents share their touching personal stories of coming out. As they share their experiences, they will offer ideas about what to say, when to say it, and what can help.

Presenters: Nila Marone & Wilma Ruiz.

1D ▼ How to Start a GSA

Do you want to change attitudes and perceptions in your school? Learn how to start your own GSA. What are your rights? What resources are out there? How can you plan a dynamic meeting?

Presenters: Scott Perlman & Hendrick Hudson HS students.

1E ▼ Gender, Race and Sexual Orientation Connections

This workshop **for adults only** seeks to make people aware of how gender, race, and sexual orientation vary in each person's sense of their own identity. In addition the multiple combinations make us each unique, even within the larger general groups. This workshop has both self-reflective and “What can I do to support others in schools?” components.

Presenters: Diane Gonzalez & Diane Schnider.

1F ▼ Think B4 You Out

Coming out is a different personal journey for everyone. When someone comes out to you, he or she is entrusting you with very intimate information. Is it ever OK to out someone? What can you do to make sure you don't out someone who doesn't want to be outed? We will be using examples from real life – both successful and disastrous.

Presenter: Sara Braun.

1G ▼ Transgender – A Family Perspective

A transgender youth and her parents will share the story of their dramatic personal journey to understanding and acceptance, while providing factual information. (*Repeated in 3F*)

Presenters: Rex and Karen Butt and their daughter, Cadence Case.

1H ▼ Political Action 101

With a number of very important pieces of legislation on the NYS political agenda, community and individual involvement is the only way to keep our schools safe and to help LGBT New Yorkers attain full equality. Find out what options are available for students to become involved in political activism. Learn practical ways of becoming advocates and activists.

Presenters: Empire State Pride Agenda staffers.



2T ▼ Putting the B in LGBT

Bisexuality is rife with myths and stereotypes. This workshop will address these myths and stereotypes and counter them with realities. Come prepared to ask all the questions you've always wanted to ask!

Presenter: Chagmion Antoine.

2A & 3A ▼ Cyberbullying

This two-session workshop **for adults only** will focus on the nature and impact of cyberbullying, strategies for responding effectively when it occurs, and ways to foster a youth culture of e-safety and respect for differences.

Presenter: Scott Hirschfeld, Anti-Defamation League.

2B ▼ LGBT Pride - When Did It All Start?

This interactive workshop will develop an historical timeline highlighting important events in LGBTQ history, with special attention to the story of "Stonewall."

Presenter: Dr. Jim Stenerson.

2C ▼ African-American Community's Acceptance of Its LGBTQ Youth

This panel will explore the unique challenges of being LGBTQ in the African-American community. Learn how culture, faith/spiritual beliefs and family systems impact the lives of black LGBTQ youth.

Presenters: Steven Welch, Margaret Lewis & Brentin Brown.

2D ▼ GSA Roundtable

Get together with members of GSAs from other schools to share great ideas for exciting meetings, fun activities, and effective advocacy.

Presenters: Rob Conlon, Marissa Allis & Aly Fernandez.

2E ▼ Bullying Prevention

This workshop will center on the effect that bullying has on the victim. A short video about bullying and a participant activity will illuminate the roles of bystanders, bullies, victims and allies.

Presenters: Diane Schnider & Diane Gonzalez.

2F ▼ Safe Space in Workplace

How can you make your school or work environment a welcoming place for LGBT people? This workshop will go beyond a philosophical discussion to provide specific tips and strategies. Topics include designing appropriate intake/registration forms, correct ways to ask about significant others, displaying welcoming materials, "water-cooler conversation" and more.

Presenter: Sara Braun.

Educational Workshop descriptions are continued on Page 11 →

Limited Space – Register Early

**Please tear out pages 7, 8, 9 & 10
and mail the completed form to:**

**GLSEN Hudson Valley
PO Box 604
Yorktown Heights, NY 10598**



- Before you send us your form, please check:

- Have I selected one workshop from the shaded areas and two choices from each session?

- Have I enclosed my check or money order?

- CAN MY HANDWRITING BE READ?

Registration Form

Please select your type of ticket:

Individual - \$85 Student - \$30

Cost of chosen ticket:

Sponsor a student for:

Make a donation of:

Total amount enclosed:

For office use only:

Check #: _____

Date: _____

PO Rec'd? Y N (M)

PO #: _____

▼ After November 3rd, all fees increase by \$15.

Sign up early and save!

▼ **Make checks payable to:** GLSEN Hudson Valley

▼ **Fees are not refundable. No confirmations will be sent out.**

▼ **Continental breakfast and lunch included.**

Request vegetarian meal

▼ **Are you part of a group?**

Yes, I am part of a group from: _____

▼ **Purchase Order Number**, if available: _____

Name: _____

Mailing Address: _____

City: _____

State: _____

Zip: _____

Home Phone: _____

Work Phone: _____

Email: _____

Profession/Course of Study: _____

Place of Work/School: _____

Please select your workshop choices for each session →

Payment must accompany registration, unless it is a Purchase Order.

GLSEN Hudson Valley, PO Box 604, Yorktown Heights, NY 10598

Please tear out and send pages 8 & 9 as

Workshop Selections

- ▼ Please indicate your first and second choice workshop sessions from each column.
- ▼ At least ONE of your first choice workshops must be chosen from the three shaded options.

SESSION 1 ↓	SESSION 2 ↓	SESSION 3 ↓
1T Four Decades of Coming Out Stories <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2T Putting the B in LGBT <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3T Four Decades of Coming Out Stories <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice
1A Counseling LGBTQ Youth <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2A & 3A Cyberbullying (Double Session) <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	
1B LGBT 101 <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2B LGBT Pride – When... <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3B LGBT 101 <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice
1C Latino Families Discover the Rainbow <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2C African-American Families Acceptance... <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3C Debunking Anti-Gay Myths in the Bible <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice
1D How to Start a GSA <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2D GSA Roundtable <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3D GSA Advisor Roundtable <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice
1E Gender, Race & Sexual Orientation... <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2E Bullying Prevention <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3E Starting OUT <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice
1F Think B4 You Out <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2F Safe Space in the Workplace <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3F Transgender – A Family Perspective <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice
1G Transgender – A Family Perspective <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2G Healthy Teen Relationships <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3G Healthy Teen Relationships <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice
1H Political Action 101 <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	2H How To Be A Straight Ally <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice	3H Wrapping Up <input type="checkbox"/> 1st choice <input type="checkbox"/> 2nd choice

your registration form with your payment



GLSEN Hudson Valley
Gay, Lesbian and Straight Education Network
www.glsen.org/hudsonvalley



PFLAG Westchester
Parents, Families and Friends of Lesbians and Gays
www.pflagwestchester.org



Center Lane Community Center for GLBTQ Youth
Part of Westchester Jewish Community Services
www.wjcs.com/centerlane



Westchester County Executive's Office
www.westchestergov.com/lgbt

← Educational Workshop descriptions continued from Page 6

2G ▼ Healthy Teen Relationships

What makes a healthy relationship? Knowing yourself and feeling secure are the first steps on this path. Explore, share and learn about dating, communication and “the closet” in youth relationships. *(Repeated in 3G)*

Presenter: Anthony Marmo.

2H ▼ How To Be an Effective Straight Ally

It is important that the LGBT movement for justice be led by LGBT persons. To succeed, however, it also needs skilled allies such as parents, siblings, colleagues, relatives, teachers and friends of LGBT people. This workshop will teach you how to evaluate your own homophobia and heterosexism, as well as teach you advocacy skills to support those about whom you care.

Presenter: Rev. Joe Agne.



3T ▼ Four Decades of Coming Out Stories

Coming Out has always been an intimate process of engagement in society. Panel members ranging in age from adolescents to seniors will share their experience and reflect on what has changed and what challenges remain in today's world.

(Also in 1T)

Presenters: Peggy Borgstede, Steven Welch, Michael Tuner, Brentin Brown, Heather Dickson & Austin Saiz.

2A & 3A ▼ Cyberbullying

This two-session workshop for adults only will focus on the nature and impact of cyberbullying, strategies for responding effectively when it occurs, and ways to foster a youth culture of e-safety and respect for differences. *(Starts in Session 2)*

Presenter: Scott Hirschfeld, Anti-Defamation League.

3B ▼ LGBT 101

Fill in the gaps in your knowledge with this overview of basic concepts, terminology, misconceptions and facts about LGBT people. Be prepared with the facts, so you can speak out with confidence. *(Also in 1B)*

Presenter: Nic Calabro.

3C ▼ Debunking Anti-Gay Myths in the Bible

Although the Hebrew and Christian Scriptures are amazingly free from anti-gay myths, it does not keep some people from propagating untruths. This workshop will examine specific passages and interpretations that have been invented to support the anti-gay movement.

Presenters: Rev. Joe Agne, Rev. Deb Morra & Rabbi Scott Weiner.

3D ▼ GSA Advisor Roundtable

This roundtable for adults only is specifically for school personnel who advise GSAs or Diversity Clubs, or who plan to do so. Bring your ideas, issues and questions and learn about the struggles and successes of other groups.

Presenter: Rob Conlon.

3E ▼ Starting OUT

Build your career without sacrificing your identity. Reporter and CBS staffer talks about making your own personal uniqueness work for you.

Presenter: Chagmion Antoine.

3F ▼ Transgender – A Family Perspective

A transgender youth and her parents will share the story of their dramatic personal journey to understanding and acceptance, while providing factual information. *(Also in 1G)*

Presenters: Rex and Karen Butt and their daughter, Cadence Case.

3G ▼ Healthy Teen Relationships

What makes a healthy relationship? Knowing yourself and feeling secure are the first steps on this path. Explore, share and learn about dating, communication and “the closet” in youth relationships. *(Also in 2G)*

Presenter: Anthony Marmo.

3H ▼ Wrapping Up

What touched, interested, provoked, encouraged, humored, angered, inspired or empowered YOU today? Come share and digest in a facilitated discussion that honors the gifts, lessons, and challenges of the day.

Presenter: Chip James.



My Workshop Choices – For My Record

	SESSION 1 ↓	SESSION 2 ↓	SESSION 3 ↓
1 st Choice			
2 nd Choice			

Directions to Westchester County Center

The Westchester County Center is located at 198 Central Avenue, White Plains, NY 10606.

From New England Thruway (I-95) North or South:

- ▼ Take Exit 21 onto Cross Westchester Expressway (I-287) westbound.
- ▼ Follow to Exit 5, (Route 100); turn left.
- ▼ At intersection of Route 119 turn left.
- ▼ County Center is 3/4 mile on left.

From New York State Thruway (I-87) North or South:

- ▼ Follow I-87 to the Cross Westchester Expressway eastbound; take Exit 5 (Route 119 East-White Plains).
- ▼ County Center is 1/2 mile on left.

From Taconic State Parkway:

- ▼ Follow TSP south; exit onto Bronx River Parkway and follow three miles to White Plains.
- ▼ Take Exit 22; the County Center is immediately on the right.

By bus or train:

The County Center is served by the Westchester County Bee-Line Bus System and by Metro-North Commuter Railroad.



Further Information

Registration Deadline:

Pre-registration for workshop selection ends November 2, 2009. Register early to get your first choices! After November 3 all fees increase by \$15 and workshop assignments cannot be guaranteed.

Mail checks or purchase orders and registration forms to:

GLSEN Hudson Valley
PO Box 604
Yorktown Heights, NY 10598

Please note:

- ▼ **Payments are not refundable.**
- ▼ You will **not** receive a confirmation letter. Pre-registrants will be listed at the conference entrance.
- ▼ Each person must register individually for the conference and workshop selections.

Scholarships:

The conference committee has a number of partial scholarships available. Please call or email by October 15, 2009 if you need scholarship assistance. Call (914) 962-7888 or email prideworks@glsenhv.org

Sign Language Interpretation:

Please request sign language interpretation by November 2, 2009. Call (914) 962-7888 or email prideworks@glsenhv.org

For questions and additional registration forms:

Call (914) 962-7888, email prideworks@glsenhv.org or visit www.glsen.org/hudsonvalley or www.westchestergov.com/lgbt



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